

Roll Number



INDIAN SCHOOL MUSCAT
HALF YEARLY EXAMINATION
PSYCHOLOGY

Sub. Code: 037.

CLASS: XII

14.09.2017

Time Allotted: 3 Hrs.

Max. Marks: 70

INSTRUCTIONS:

- 1 All questions are compulsory.
- 2 Answers should be brief and to the point.
- 3 Marks for each question are indicated against it.
- 4 Questions No.1-10 in Part – A are learning check type question carrying 1 mark each. You are required to answer them as directed.
- 5 Question No. 11-16 in Part—B are very short answer type questions carrying 2 marks each. Answer to each question should not exceed 30 words.
- 6 Questions No. 17-20 in Part—c are short answer Type I questions carrying 3 marks each. Answer to each question should not exceed 60 words.
- 7 Questions No.21-26 in Part—D are Short answer Type II questions carrying 4 marks each. Answer to each question should not exceed 100 words.
- 8 Questions No. 27-28 in Part-E are long type questions carrying 6 marks each. Answer to each question should not exceed 200 words.

PART—A

1. Emotional intelligence concept was first introduced by _____ 1
2. Cognitive assessment system was developed on the base of _____ theory of intelligence. 1
3. Our _____ are the source of our motivation according to Alfred Adler. 1
4. _____ is the tendency of the subject to agree with items/questions irrespective of the content. 1
5. Stress inoculation training program was developed by _____. 1
6. _____ is a behavior or skill which helps to communicate clearly and confidently. 1
7. According to _____ approach psychological problems are caused by inadequacies in the way an individual thinks, feels or perceives the world.
A) Psychological B) Behavioral C) Biological D) Organic 1
8. Depression due to the excess activity of serotonin. (True/False) 1

9. Logo therapy is formulated by _____ 1
10. Cognitive therapy for the treatment of depression is given by _____ 1

PART—B

11. Differentiate the approaches of intelligence? 2
12. What is meant by delay of gratification? and why is it considered important for adult development? 2
13. Explain the concepts Hardiness and Eustress? 2
14. What is Psycho-neuro-immunology? 2
15. What are the three important steps in formulation of a client's problem? 2
16. What is unconditional positive regard? 2

PART—C

17. Discuss the factors that lead to positive health and well being? 3
18. Explain various substance disorders with the examples? 3
19. Explain General Adaptation Syndrome and its criticism with diagram? 3
20. Explain the trait theory of personality of Allport with examples? 3

PART—D

21. Explain behavior therapy principles? 4
22. Explain various dissociative disorders? 4
(OR)
Explain various mood disorders?
23. Explain triarchic theory of Intelligence? 4
24. What is cognitive theory of stress appraisal and explain various coping strategies of Endler and Parker? 4
25. Explain the structure of personality in views of Freud? 4
26. Explain various somatoform disorders? 4

PART—E

27. A therapist asks the client to reveal all her/his thoughts including early childhood experiences. Describe the technique and type of therapy being used? 6

(OR)

Explain the views of Albert Ellis and Aaron Beck's views on cognitive therapy?

28. Briefly explain post Freudian theories of Personality? 6

(OR)

Explain how projective techniques assess personality, which are the projective tests of personality are widely used by psychologists explain?

End of the Question Paper